

# TRING GREEN GUIDE

Bringing together a list of eco places to shop, where to recycle, and community groups for the environmentally savvy in Tring and the surrounding area.

## FOOD AND DRINK

**Dunsley Farm Shop** Tring - Eggs from the farm, locally sourced cheese and meat. Loose fruit & veg, often locally grown, excellent selection of local apple varieties in the autumn.

**Healthfare** Tring - Large selection of refills; cereals, pasta, rice, pulses, nuts, dried fruit, spices. Also household refills, other eco products and a wide range of natural alternative medicines and advice.

**Beechwood Fine Foods** Tring - Loose fruit & veg, deli and a cafe selling fairtrade coffee and homemade cakes [www.beechwoodfinefoods.com](http://www.beechwoodfinefoods.com)

**Tring Brewery** - Local Brewery which sells its own refillable 'growler' bottles [www.tringbrewery.co.uk](http://www.tringbrewery.co.uk)

**Chris James Milk Delivery** Tring - Reusable glass bottles and organic milk delivery tel: 07842426793.

**PE Meads Farm Shop** Wilstone - Refill cereals, rice, pasta, frozen fruit and veg, frozen pastries. Loose fruit & veg, locally made bread, local meat and other organic produce [www.pemeadandsons.co.uk](http://www.pemeadandsons.co.uk)

**Puddingstone Distillery** Wilstone- Locally made 'Campfire Gin'.

**Grooms Farm Shop** Ivinghoe - Small farm shop with loose fruit & veg, also eggs and meat from either their own farm or other nearby farms. Online ordering available [www.groomsfarm.co.uk](http://www.groomsfarm.co.uk)

**Fillable** - Pop up shop in local villages. Wide selection of basic and hard to find food store cupboard refills. For location and opening times see [www.fillable.co.uk](http://www.fillable.co.uk) Will also deliver locally.

**Grove Farm PYO** Great Gap nr. Ivinghoe - fantastic selection of pick your own fruit & veg from June to October [www.grovesfarmpyo.co.uk](http://www.grovesfarmpyo.co.uk)

**Heirloom** Edlesborough - Sustainable cafe, store cupboard refills and eco shop. Everything in the cafe is made by the owner and available for takeaway and online ordering [www.heirloom-cafe.myshopify.com](http://www.heirloom-cafe.myshopify.com)

**Wild Raven Farm Shop** Rowsham - Newly opened farm shop, loose fruit & veg and a selection of their own meat [www.wildraven.co.uk](http://www.wildraven.co.uk)

**Buckmoorend Farm Shop** Butlers Cross - Sell their own pork, lamb and beef that has been produced in an environmentally and socially responsible way [www.buckmoorendfarm.co.uk](http://www.buckmoorendfarm.co.uk)

**Clipstone Dairy** - Buy milk using reusable containers direct from the farms vending machine [www.clipstonedairy.co.uk](http://www.clipstonedairy.co.uk)

## MARKETS

Lots of fresh loose fruit & veg, bread, fish, local meat and other local produce and finds!

**Tring Market** - every Friday. **Tring Farmers Market** - every 2nd and 4th Saturday. All food is either made or grown locally, also local crafters and refill stall by 'Eco Bonobo'.

**Berkhamsted Market** - Wednesday and Saturday. Also has 'Clean Earth Pantry' on a Saturday selling dried foods and household cleaning refills. **Berkhamsted Farmers Market** - 3rd Sunday of the month. **Berkhamsted Pop Up Bazaar** - 1st Saturday of the month featuring local crafters. **Wendover Market** - every Thursday. **Wendover Local Produce Market** - 3rd Saturday of the month.

## HOUSEHOLD

**G Grace & Son** Tring - Refills for household cleaning as well as a range of other eco products [www.g-grace-son.myshopify.com](http://www.g-grace-son.myshopify.com)

**Returned to Glory** Berkhamsted - Household cleaning and bathroom product refills [www.stfrancis.org.uk](http://www.stfrancis.org.uk)

**Fillable** - Pop up shop in local villages. Wide selection of household refills and other eco household products [www.fillable.co.uk](http://www.fillable.co.uk)

**Gather** - Local florist following sustainable practices, bouquets delivered on Fridays. Find on facebook @gather.florals.bucks

**Thatch & Bloom** - Seasonal and British florist using traditional methods. Find on facebook @vickythatchandbloom

## CLOTHES

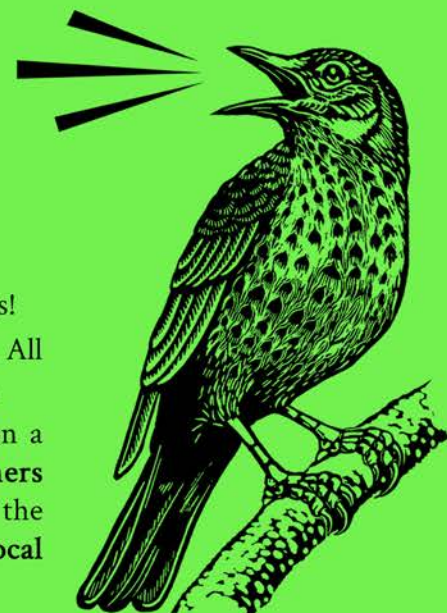
**Loft 68** Tring - Bespoke selection of mens and womens vintage clothing [www.loft68vintage.com](http://www.loft68vintage.com)

**Nineteen49** Tring - Bespoke selection of womens vintage clothing and accessories, run by charity Emmaus.

**Save the Children** Tring- charity shop.

**Rennie Grove Hospice Care** Tring - charity shop.

There are also several good charity shops in Berkhamsted and Wendover.





## FURNITURE

**Tring Market Auctions** - Huge selection of second hand modern and antique furniture and household decor. See website for sale times [www.tringmarketauctions.co.uk](http://www.tringmarketauctions.co.uk)

**Nineteen49 Tring** - Upcycled furniture and vintage decor, run by charity Emmaus.

**Returned to Glory Berkhamsted** - Upcycled furniture and decor, run by local charity Hospice of St Francis.

## RECYCLING

For information on council recycling capabilities please visit [www.hertfordshire.gov.uk](http://www.hertfordshire.gov.uk) or [www.buckinghamshire.gov.uk](http://www.buckinghamshire.gov.uk)

**High Street Baptist Church Tring** - Gold 'Eco Church' (award winner in 2020) with a collection point for baby food pouches, bras, pens & writing equipment, stamps, plastic bottle tops, corks, printer cartridges, batteries and spectacles [www.tringbaptistchurch.co.uk/eco-church/](http://www.tringbaptistchurch.co.uk/eco-church/)

**Specsavers Tring** - Spectacles and contact lens recycling.

**Marks and Spencers Tring** - Battery recycling.

**Tesco Tring** - Pet food pouches, crisp packets, plastic food wrapping/film, plastic carrier bags and battery recycling.

**Forge Car Park Tring** - Small electricals recycling.

**Berkhamsted Arts and Crafts** - Pens & writing equipment recycling.

**Acorn Pharmacy Berkhamsted** - Pill Blister packs, old toothbrushes and toothpaste tubes.



## COMMUNITY GROUPS

**Tring in Transition** - working towards making Tring carbon neutral and sustainable Tring [www.tringintransition.org.uk](http://www.tringintransition.org.uk)

**Tring Allotment Association** - group events and fundraising for the allotment community [www.tringallotments.org.uk](http://www.tringallotments.org.uk)

**Tring Justice and Peace Group** - focusing on making Tring a fairtrade town, also campaigns to help make Tring a bee friendly town [www.justiceandpeacetring.org](http://www.justiceandpeacetring.org)

**Extinction Rebellion Tring** - environmental activist group that joins national demonstrations and aims to create environmental awareness within the local community.

**Green Tring** - facebook community with a large group of local members always keen to offer advice and help with all things green.

**Vegans and Vegetarians of Tring, Berkhamsted and Villages** - facebook community of non meat & dairy eaters.

**Plastic Free Aston Clinton, Buckland and Drayton Beachamp** - facebook community with tips on plastic free living.

**Sustainable Cheddington** - aiming to make Cheddington a more sustainable and environmentally friendly place to live.

**Sustainable Wiggington** - aiming to link eco-conscious locals with the goal of making Wigginton more sustainable.

**Sustainable Pitstone & Ivinghoe** - local community reducing environmental impact and striving to make space for nature.

## REPAIR

**Aston Clinton Repair Cafe** - St Michael and All Angels Church. The cafe is open every second Saturday of the month from 9-12. Their team of volunteers will try and repair anything from electricals to soft furnishings for free!

**Tring TV and Audio** - [www.tringtv.co.uk](http://www.tringtv.co.uk)

**The Tech Lab Tring** - phone and tablet repairs [www.tech-lab.uk](http://www.tech-lab.uk)

**Tring Computer Repairs** - [www.tringcomputerrepairs.co.uk](http://www.tringcomputerrepairs.co.uk)

**Tring Motion** - Bike servicing, including electric [www.tringmotion.co.uk](http://www.tringmotion.co.uk)

**Mountain Mania** - Mountain bike repair [www.mountainmaniacycles.co.uk](http://www.mountainmaniacycles.co.uk)

**The Road Room** - Road bike specialists [www.roadroom.co.uk](http://www.roadroom.co.uk)

## ALLOTMENTS

Please contact your local council for more information about adopting an allotment. Allotment sites are available in Tring, Pitstone, Ivinghoe, Cheddington, Wiggington, Wendover, Wingrave, Long Marston, Aldbury, Aston Clinton, Weston Turville, and Northchurch.

## TRANSPORT

**Tring Station Car Share** - initiative to get regular users of the train station to find individuals to lift share with [wmtrains.liftshare.com](http://wmtrains.liftshare.com)

**Electric Car charging points** - Tring: Forge Car Park & Tesco. Berkhamsted: Canal Fields Car Park & Lower Kings Road Car Park.

**Bike Racks in Tring** - Dolphin Square, Tesco, Train Station, Forge car park, Church Square, Library.

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